

breakfast

Served 8a to 3p

- TEX MEX WRAP** \$8.50
Scrambled eggs with peppers, onions, tomato, and cheese wrapped in a soft flour tortilla served with salsa.
- CLASSIC OMELET** \$9.50
Choice of three fillings. Served with toast & fruit.
(All Egg Whites add 50¢)
- FRITTATA** \$8.50
Layers of potatoes, cheese, herbs, and eggs baked to perfection and drizzled with basil pesto. Served with toast.
- ROCKY MOUNTAIN OATMEAL** \$8.50
Baked with apples, raisins, and cinnamon. Topped with yogurt and seasonal fruit. WOW!
- HONEY GRANOLA** (VN w/out milk) \$9
A crunchy blend of oats, nuts, and dried fruit served with milk, yogurt, or Soy Milk (add 50¢)
- BRIOCHE FRENCH TOAST** \$9
Served with maple syrup and seasonal fruit. Yum!
(Stuff it with sweetened Banana Cream Cheese for just \$1)
- BELGIAN WAFFLE** \$8
Topped with vanilla custard, whipped cream, and fruit.
- FRUIT CREPES** \$8
Filled with sweetened cream cheese and topped with seasonal fruit and crème Anglaise.
- TOFU TEX MEX** (VN) \$8
With salsa, peppers, and soy cheese in a flour tortilla.
- PANCAKES** \$9
Prepared **classic** or **whole grain** and loaded with your choice of bananas, seasonal fruit or chocolate chips. Want more than one filling? Add 75¢ for each.

(VN) Vegan

See our pastry case for today's selection of freshly baked goods—all our baking is done in-house

breakfast & lunch menu



babycakes
café

restaurant | bar | catering

1-3 Collegeview Ave
Poughkeepsie, NY
(Near Vassar College)

845.485.8411
babycakescafe.com

Tues & Weds 8a to 9p
Thurs—Sat 8a to 10p
Sunday 8a to 4p

Live Music Every
Friday & Saturday Night!

salads & soups

HOUSE SALAD^(VN) \$7.50
Mixed Greens topped with seasonal vegetables and walnuts. Served with fresh bread.

MARINATED CHICKEN AND SPINACH SALAD \$11
Tossed with feta cheese, red onions, and lemon vinaigrette. Served with fresh bread

BC COBB SALAD \$12
Mesclun topped with crisp bacon, crumbled blue cheese, turkey breast, and avocado. Served with fresh bread.

CAFÉ CAESAR \$7.50
Crispy romaine, house-made focaccia croutons, and parmesan cheese tossed with tangy Caesar dressing.

QUINOA SALAD \$8
Tossed in a light vinaigrette with toasted almonds, feta cheese, cilantro, and caramelized onions.

HOUSE-MADE SOUPS Cup \$4.50 Bowl \$6
Simmered slowly in our café kitchen, BC has different soup offerings everyday with many vegetarian, vegan, and dairy free recipes in regular rotation.

HALF-AND-HALF \$9
Half a sandwich with a cup of today's soup. Sandwich selection limited.

Add chicken to any salad for just \$3

CAFÉ QUICHE \$9
Ask about today's variety. Served with a side salad.

BC burgers

Our hamburgers are made with freshly ground grass fed, local beef from Woodland Farms and served on a toasted house-made focaccia bun.

HAMBURGER \$10
Topped with lettuce, tomato, red onion and our signature hand-cut French fries
Add Cheddar or Swiss for \$1

VEGAN BURGER^{VN} \$10
A high protein burger made in-house with quinoa, soy, potato, peppers, & herbs, served on focaccia with a side salad

Lunch items served 10a to 5p

lunch sandwiches

Served with a side salad. Trade the salad for fries for just \$1.

PORTOBELLO EGGPLANT WRAP \$9.50
Served warm with marinated roasted vegetables, onions, tomatoes, and goat cheese.

AVOCADO CHEDDAR \$9
On ciabatta with lemon vinaigrette, lettuce, and tomato.

BLT&C \$8.75
A classic with a twist—served on ciabatta with your choice of cheddar or Swiss.

HONEY HAM BRIE MELT \$9
Ciabatta served open-face with almond honey mustard, thin sliced ham, and melted brie.

CROQUE MONSIEUR \$10
Toasted brioche filled with ham, 3 cheeses and creamy Dijon béchamel.

CURRIED TOFU WRAP^(VN) \$8
Tofu salad with grapes, almonds, raisins, and soy mayonnaise.

CHIPOTLE CHICKEN \$10
Marinated grilled chicken breast topped with melted cheddar cheese, lettuce, tomato, and chipotle mayo.

BLACK BEAN HUMMUS WRAP^(VN) \$7.75
Rolled up with lettuce, tomato and red onion

MOZZARELLA PESTO MELT \$11
House-made cheese layered with tomatoes and served open-face with basil pesto

TURKEY & SWISS \$8.75
On choice of bread with lettuce, tomato and mayo

TENDERLOIN SANDWICH \$11
Grilled beef tenderloin smothered with caramelized onions & cheddar and served On ciabatta with horseradish mayo

CHICKEN TERIYAKI SANDWICH \$11
Marinated chicken layered with seared pineapple, red onion & tomato on ciabatta

Prices Subject to Change
^(VN) Vegan

Add bacon or avocado to any sandwich or salad for just \$1
Add goat or mozzarella cheese to any sandwich or salad for just \$2